



BASSETT GREEN
PRIMARY SCHOOL

Safeguarding Newsletter

December 2023



Our Lead Designated
Safeguarding Lead is Linda
Carpenter.

Contact on 02380 676 262
lcarpenter@bassettgreen.net



Ms Long and Mrs Stillwell are also DSL's.



Support available when school is closed

Sometimes asking for help is the bravest move you
can make. You don't have to go it alone.

What support is there if I am struggling financially?

If you are struggling with bills or other financial matters, please contact the following who may be able to help you:

Welfare Rights – 02380 832339 – welfarerights.advice@southampton.gov.uk

Citizens Advice – 0300 3302166 / www.citizensadvice.org.uk

Alternatively, you can refer yourself to Children and families first (Early Help) for more personalised support around finances and housing matters.

To self refer please [click here](#)

The Roundabout Cafe in Mansbridge offer a Community Pantry for an annual membership fee of £1.00 Once you've joined, you will be able to access food and some household goods once a week.



THURSDAYS TOGETHER
AT ST ALBANS CHURCH, TULIP ROAD, SO16 3BB

*Fresh and long life food to share
and tea, coffee & chat*



Every Thursday from 8.45 to 10.30am for coffee & tea
and from 9.15am for fresh and long life food

 SwaythlingParish

What support is there if I am struggling to cope or have concerns about my mental health?

You can access support from your GP or the NHS via 111 but we understand this can be tricky in the current situation so below are other options available to you:

Solent Mind - You can text LIGHTHOUSE and your postcode to 07451 2760010 between 4.30 pm and 12 am

Solent Mind Helpline – 02380 179049 between 8am and 9am, then 5pm to 8pm Monday to Friday or 9am to 5pm on a Saturday / Sunday

Samaritans – Helpline 24 hours a day on 116123

Steps to Wellbeing - www.steps2wellbeing.co.uk to self refer or to get more information

For domestic abuse support:

National Helpline: 0808 2000247

PIPPA Southampton – 02380 917917 / pippa@southampton.gov.uk

For support with alcohol or substance issues – CGL

www.changegrowlive.org / 02380 717171 / southampton@cgl.org.uk

CAMHS (child and adolescent mental health support service): 0300 123 6661